November

NewCov Early Education

Lunch & Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Fruit Bar & Milk	**3 Cereal & Milk**	**4 Croissant & Milk**	**5 Yogurt & Grahams**	**6 Muffin & Milk**
Egg Bites w/ Bacon & Cheese Tater Tots Fresh Fruit	Beef Stir Fry White Rice Mixed Veggies Fresh Fruit	Turkey Burger Bites Roasted Potatoes Green Beans Fresh Fruit	Chicken Alfredo Broccoli Fresh Fruit	Ham & Cheese Wrap Carrots Chips Fresh Fruit
String Cheese & Crackers	**Scooby Grahams & Milk**	**Veggie Straws & Fresh Fruit**	**Cheez its & Juice**	**Chef's Choice**
9 Applesauce & Grahams	**10 Raisin Bread & Milk**	**11 Cereal & Milk**	**12 Bagel & Cream Cheese**	**13 Fruit Bar & Milk**
Ground Beef White Rice Mixed Veggies Fresh Fruit	Belgian Waffles Greek Yogurt Turkey Bacon Fresh Fruit	Chicken Quesadilla Black Beans Corn Fresh Fruit	Spaghetti Turkey Meatballs Green Beans Fresh Fruit	Grilled Cheese Sandwich Tomato Soup Fresh Fruit
Goldfish & Juice	**Pretzels & Cream Cheese**	**Sun Chips & Fresh Fruit**	**Vanilla Wafers & Milk**	**Veggie Thins & Juice**
16 Cereal & Milk	**17 Croissant & Jam**	**18 Fruit Bar & Milk**	**19 Raisin Bread & Milk**	**20 Yogurt & Grahams**
BBQ Chicken Tater Tots Peas Fresh Fruit	Ground Beef Taco Spanish Rice Corn Fresh Fruit	Blueberry Pancakes Turkey Bacon Eggs Fresh Fruit	Turkey Mashed Potatoes Green beans Fresh Fruit	Italian Subs Lettuce & Tomato Sun Chips Fresh Fruit
Strawberry Grahams & Milk	**Cheez Its & Apple Juice**	**Animal Crackers & Milk**	**Pumpkin Pie & Milk**	**Chef's Choice**
23 Fruit Bar & Milk	**24 Muffin & Milk**	**25 Cereal & Milk**	**26**	**27**
Belgian Waffles Greek yogurt Turkey Bacon Fresh Fruit	Teriyaki Chicken Rice Broccoli Fresh Fruit	Turkey Chili Beans Rice Peas Fresh Fruit	Closed for Thanksgiving!	CLOSED
Veggie Thins & Juice	**Pretzels & Cream Cheese**	**Goldfish & Fresh Fruit**		
30 Applesauce & Grahams				
Beef Lasagna Broccoli Fresh Fruit				
String Cheese & Crackers				